President’s Message
Loretta Mcdermid

Dear L.I.F.T. - ers,

Get up and cheer, laugh, dance around the room…our L.I.F.T. group is doing activities to make things happen. Seeking new ideas makes our group so special. We come together in love and harmony to express our thoughts on what to do and where to go. And, we have been a success.

Our February Luncheon at the SkyView Restaurant in Terra Vista was special for all, while ordering off the menu. Everyone was very pleased. And when we go to Sugarmill Woods Golf and Country Club, we will also have a wide selection for our choosing.

Drop in your 2 cents and let the planning team know what changes you would like to make or what activities you have enjoyed the most.

I view our LIFT group and Friends of Citrus Grief Services as one big happy family.

Blessings to all,
Loretta Mcdermid

In Memory of:
Agnes Schultz
Mary Jane Johnson

Living Information for Today

LIFT is a social support network, not a grief support group
LIFT is for widows and widowers
LIFT members pay for personal expenses such as the cost of meals, event tickets, bus rides, accommodations, etc.
LIFT program speakers do not sell anything to members; they only inform
2021—2022 LIFT Officers

President
Loretta Mcdermid

President Elect
Ralph Viegelmann

Secretary
Darlene Welch

Treasurer
Robin Fisher

LIFT Lunch Meetings - to add or change a reservation call 352-249-1470

April 20 - Noon
Skyview Restaurant
at Terra Vista
2100 N Terra Vista Blvd
Hernando
Order from select menu
and pay your check

May 17 - 11:30 am
Sugarmill Woods
Country Club
1 Douglas St
Homosassa
Order from select menu
and pay your check

June 21 - 11:30 am
22nd Anniversary Luncheon
Wings Grief Center
8471 W Periwick Ln
Homosassa Springs
Catered by

$20 suggested donation
Sponsored by
Wilder Funeral Home
Homosassa

LIFT Outings - to add or change a reservation call 352-249-1470

April 5 - Tuesday
Noon Lunch
Fish Tales
4522 S Suncoast Blvd
Homosassa

May 4 - Wednesday
11:30 am Lunch
Los Magueyes Mexican
Restaurant
1674 US 41
Inverness

June 9 - Thursday 2 pm
Breakfast - Lunch - Dinner
Cracker Barrel
Old Country Store
1371 Commercial Way
Spring Hill
Carpool from
Wings Grief Center
at 1 pm

Thank you LIFT Partners

Dignity Memorial

FLOWER TIME

2089 N. LECANTO HWY LECANTO, FL 34461
352.527.7111
10% discount to LIFT members at Thrift & Gift Shoppes—show your badge

Wings Grief Center—Homosassa Thursdays at 2 pm
Call 352.249.1470 for reservations

Movies provide a supportive environment for individuals dealing with grief and loss.

- March 31
  Willy Wonka and the Chocolate Factory
- April 28
  Princess Bride
- May 26
  Gifted Hands: The Ben Carson Story
- June 23
  The Dolphin Tale
- July 28
  American Underdog

$3 bag of clothes every day - 25% discount to Veterans - 2nd Saturday 50% discounts

Willy Wonka and the Chocolate Factory
Princess Bride
Gifted Hands: The Ben Carson Story
The Dolphin Tale
American Underdog
Grief Support Groups

Understanding Grief
Tuesdays
1:30—3 pm
First Christian Church
of Inverness
2018 Colonade St

Grief Study Group
(a faith-based program)
Tuesdays 2:30—4 pm
Wings Grief Center
8471 W Periwinkle Ln
Homosassa Spgs

Understanding Grief
Tuesdays 6-7:30 pm
Wings Grief Center
8471 W Periwinkle Ln
Homosassa Spgs

Zoom Grief Support
Wednesdays 11-Noon
Call 352-249-1470 to request a Zoom Link

The Grief Toolbox
Essential tools for Grief
Wednesday 9:30 -11 am
YMCA of the Suncoast
4127 W Norvell Bryant Hwy
Lecanto

Wednesday 2-3:30 pm
Wings Grief Center
8471 W Periwinkle Ln
Homosassa Spgs

Ongoing Grief Support
Thursdays 11:30-1pm
Wings Grief Center
8471 W Periwinkle Ln
Homosassa Spgs

The Compassionate Friends
Supporting family after a child dies
Nature Coast Chapter
2nd & 4th Wednesdays
6-7:30 pm
Contact Suzi Derkatch
352.503.9301

For more information call 352.249.1470

VOLUNTEER APPRECIATION BANQUET

THURSDAY, APRIL 7, 2022
9:00am to 1:00pm
Entertainment provided by Comedian Mary Ellen DePetrillo
Lunch provided by Oysters of Crystal River

2022 Camp Good Hope Dates
April 9
June 4 (family Camp)
August 27
October 22
December 3 (family Camp)

Grief support Camps which provide an honest, safe environment where kids can learn to talk openly about their loss and improve their ability to cope
LIFT Holiday Luncheon catered by Oysters of Crystal River

Celebrating the Holiday

Loretta and Jonathan spreading cheer

Java Bean visits

Mr Bunch and Oysters create delectable treats!

YUMMY
Ribbon Cutting and Open House
Thursday March 24th - 4:30 pm

Learn about Reiki, Camp Good Hope, Yoga, Café Break, Thrift Shoppes and Monthly Movies
Prizes and refreshments

Need a speaker?
Call to have someone speak to your group
352.249.1470

MAINTENANCE 101
Friday May 27 10-11:30 AM
Wings Grief Center
Presented by
CD Perez, Construction Director
Habitat for Humanity of Citrus County, Inc
A workshop to help with minor home maintenance projects.
Learn to do them yourself and save money

Grilling Food Safely
(wat to do and what not to do with food and equipment)

Presented by
Stephanie Clamer McMinds
Family and Community Services Program Assistant
UF/IFAS Extension Citrus County

Friday May 13 10 - 11:30 am
Wings Grief Center
Homosassa

Therapy Dogs International, Inc.
“A Dog Will Love You Forever”
Certification Class—Kal Arter - (Lakeland)
March 28—9 am
Wings Grief Center
A View from Skyview

Izaak Walton Lodge

Down by the Cedar River
Herry’s Heroes
Ways to Help...

- Become a Member
  $30/month or $360/year
- Become a Partner
  Silver Level $1,200
  Gold Level $2,500
  Platinum Level $5,000
- Donate merchandise or shop at the Thrift & Gift Shoppe
- Host a Fundraiser
- Memorialize someone
- Join the Volunteer Team
- Include “Friends” in your Estate or Legacy Plan

www.friendsofcitrus.org or call 352-249-1470

Mark Your Calendar For Saturday
April 23, 2022
2nd ANNUAL
Kings Bay Heron Hop
Decorate Your Land Yacht
Golf Cart Poker Run

Winners • Prizes • Fun

$20 Entry Fee (please add additional support if applicable)

Theme... Nautical/Land Yacht (Prize for Best Decorated Vehicle)

Stops (All in Crystal River)
1. Plantation Tiki Bar
2. Waterfront Social
3. Lollygaggers Sports Pub & Grill
4. The Crab Plant
5. Norton’s Riverside Sports Bar and Grill

Schedule
10:30 a.m. Check-In/Registration at open lot on corner of N. Islamorada Way and W. Fl. Island Trail, Crystal River (trained in golf carts welcome; local rentals may be available)
11:30 a.m. Pedals Down!
4:30 p.m. Last Cart/Vehicle In at Norton’s Riverside Sports Bar and Grill
5:00 p.m. Prizes Awarded, Raffles & Silent Auction

Questions? Call 352.249.1470

Friends of Citrus and the Nature Coast • www.friendsofcitrus.org • info@friendsofcitrus.org

Registration No. CH1415
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